



2011-2012
New Mexico
State Directory

State Administrative Committee

State Chairman

[Esther Jones](#)

from

Albuquerque Gymnastics School
10280 Comanche RD NE
Albuquerque, NM 87111
(505) 293-9570
nmstategymnastics@q.com

New Board members:

Joanie Castle
Amy Eggleston
Michelle Gaudette
Lisa Gravelle
Joe Gutierrez
Mary Lee Martin
Erin Morales
Kelly Shane
Judith Szabo

Positions on the board will be determined at the next closed board meeting.

Courtesy Guidelines for Entering Meets

- Enter on or before the deadline.
- Pay for the number of gymnasts that you entered, not the number that competed.
- Give parents directions and competition information to prevent calling to gyms. Look on www.nmusag.com for more info.
- Include all information on the entry form, including birthdays, ages, levels, and athletes numbers.
- See attachment for meet directors

Drop Back Declaration Date

- February 1st for compulsory levels
- February 1st for optional levels

Gymnasts attempting to compete at a higher level for the first time may choose to drop back to their previous level after the drop back date and compete at that level for the State meet. However, they must qualify after they drop back at the lower level and are only allowed to drop back one level. Athletes dropping back have to submit, in writing, a letter to the NM board by February 1st.

Coaches

- Only current professional members with current safety certification are allowed on the floor during competition. Before entering the meet, coaches need to check in with the meet director with their **current** USAG card before they are allowed on the competition floor.
- Only competing gymnasts are allowed on the floor during competition.
- Turn off cell phones or set to vibrate mode while in competition area. **You may not be on the cell phone at all times during competition.**
- Background checks

All USAG members need to get a background check through “NCSI” before applying for a new membership. It is the coaches’ responsibility to do so! Please check our region 3 website and with USAG national office for all updates on this. Name, birthday and SS# will be needed and a fee will need to be paid.

- **USAG** has a dress code policy we are going to follow in New Mexico. Please read the new dress code in the new Rules and policies.

Rules and Policies

The new Rules and Policies for 2011-2012 can be obtained in hard copy by going to the National website at www.usa-gymnastics.org. You will need your current USAG number. Go to the women's program and click on rules and policies. You may only have one printed copy sent to you, but you can view it online or download copies if needed.

Meet Schedule

See NM website for our NM 2011-2012 meet schedule.

If you have an invitational that you would like to share with the region, please send the information to Cori Rizzo via email at cori@reg3.com

**Please send all information about your meet to
Mona Belchak
webmaster@nmusag.com**

She will get all our meets on the website.

Sanctioned Meets

- **Age determination**

Age group determination is based upon the date of the culmination competition for that level. (See NM calendar for dates.) They must meet the minimum age before entering any competition.

- Levels 4-7 - State meet
- Level 8 – Regionals
- Level 9 - E/W
- Level 10 – Nationals

The gymnast must compete in USAG meets in the same age division for the entire season. It is the **coaches'** responsibility to indicate the athlete's birthday and correct age division as designated, or her scores are invalid for the meet. However, the scores achieved may be used for level mobility. If a gymnast competes out of her age group the gymnast's score will not count in her age group or towards the team awards. She will only receive a recognition award.

- **State meets**

Qualifying

- Level 4, in order to qualify a 31.00 AA score in a USAG sanctioned meet is required. Level 5 and 6 a 32.00 AA score. In NM all levels (4-10) need to be judged by two judge panels in order to qualify to State meet because all meets in NM are State meet qualifiers. (If a gymnast has not qualified by the State meet entry due date and is still able to qualify, please add these athletes to the roster and label them as not qualified. As soon as they qualify send a check with the athletes name and label qualified)
- **Level 7-10 have to have competed in the AA in New Mexico in two meets in order to qualify to State.**
- Level 8 qualifies by percentage to Regionals.
- Level 9 and 10, qualifies to Regionals by a 34.0 AA.

Fees

- Please check NM website for current State entry fees.
- **Late entries** can be refused if received less than 10 days ahead of the meet. If accepted by the state a \$10 late charge per athlete can be assessed for the State meet.

State Awards

- The State board may determine the age divisions based upon the projected number of athletes.
- Deadline for State entries:
 1. **Level 4, 5, and 6** must be in hand by: February 5th.
 2. **Level 7-10** must be in hand by: February 26th.

Specialists

For level 7-10 individual event specialist competition may be conducted. Individual event specialist competitors may compete amongst the AA competitors and would receive duplicate awards for event placements. The individual event specialist must receive separate awards. Once a gymnast declares specialist status, she remains a specialist and may not petition to Regionals as an AA gymnast. A specialist may only qualify to 9/10 regionals, not nationals. In the State of NM a specialist has to declare her event/events by March 15th. Declaration must be done in writing and be in the hands of the State Chairman by March 15th.

The **mobility score** to move from one level to the next is 8.5 in the event(s) she will be specializing in.

The **qualifying score** for a specialist to compete in State meet is 8.5 on each event she will be specializing in.

The **entry fee** is the same as an all around gymnast.

Judges

- State Judging Director to assign judges.
- All meets in NM are qualifying meets for State meet and all levels (4-10) must be judged by a minimum of two qualifying judges per event.(page 26 R&P)
- All judges must have USAG Safety Certification to judge USAG sanctioned meets.
- If a meet director chooses to use a one judge panel the pre-meet information must specify if one judge panel will be used (page 26 R&P)

- When hosting a meet a judge's request has to be filed. All judges' requests need to go to Judith Szabo. It is \$3.00 per judge you request.

Junior Olympic Program Entry Requirements Level Mobility

- A new gymnast must enter at the Jr. Olympic Level 1.
- Any athlete who has competed previously in the Jr. Olympic Program, but has been inactive for two or more years, must contact their State Chairman for proper entry regulations.
- Minimum Standards for mobility within the program:
 1. **Level 1-4 to 5:** Must achieve 75% proficiency on the sequence at each level, 100% flexibility, and pass 5 out of 6 conditioning exercises
 2. **Level 5 to 6:** 31.00 AA
 3. **Level 6 to 7:** 31.00 AA
 4. **Level 7 to 8:** 31.00 AA
 5. **Level 8 to 9:** 34.00 AA
 6. **Level 9 to 10:** 34.00 AA

**Note - Any athlete competing as a level 6 can compete and try out for the level 7 qualifier. After the qualifier the gymnast and coach will have to decide if the gymnast will finish the season as a 6 or 7.*

Meet Sanctions

- Send Sanction requests to USAG office.
- Also the State of NM has a competition fee off \$50 for 72 athletes or less and \$100 for 73 and more, please send a check made out to **USAG** and copy of sanction to:

Attn.: Esther Jones
Albuquerque Gymnastics School
10280 Comanche RD NE
Albuquerque NM 87111

All meet directors who host a competition in Region 3 must send a copy of the sanction report to the regional chair Cori Rizzo. The sanction report is the page the judges sign. Do not send the coaches sign in sheet or results. Sending it by regular mail is fine.

Region III USAG Women's Administrative Committee

Regional Chairman: Cori Rizzo crizzo@reg3.com

4225 Johns Light Drive

Austin, TX 78727

(h) 512-246-6755

Fax: 888-412-9681

(w) 512-723-5774

Regional Tech. Chairman: Carol Bunge

tcbunge@gmail.com

14933 Xenia St

Thorton, CO 80602

(h) 720-887-9520

Fax: 888-786-7123

Regional JO Program Chair: Mark Folger

folgersgym@aol.com

920 N. Andover RD.

Andover, Kansas 67002

(g) 316-733-7525

New Mexico Gyms

Albuquerque Gymnastics School (USAG)

10280 Comanche Rd. NE
Albuquerque, NM 87111
505-293-9570 - Gym
505-293-9570 - Fax
nmstategymnastics@q.com
Esther Jones
www.agsgymnastics.com

ABQ Tumbling & Trampoline

1701 Aspen NW
Albuquerque, NM 87104
505-507-0503
abq.tnt@gmail.com
Rusty Glanton
www.abqtnt.com

Achieve Fitness Kids

505-459-7577
ken.achievefitkids@gmail.com
www.achievefitkids.com
Ken Hoeg

Artesia Trampoline & Tumbling (USAG)

401 W. Texas
Artesia, NM 88210
575-748-3903 - Gym
575-748-2980 - Fax
artisiagymnastics@yahoo.com
Brenda Wiles

Boardwalk Gymnastics

1316 South Main Street # C
Belen, NM 87002
505-861-1226 - Gym
lorick5@aol.com
Lori Kapalko

Castle Gymnastics (USAG)

924 E. Hwy 66
Gallup, NM 87301
505-863-9989 - Gym
castlegymnastics@yahoo.com
Joanie Castle
www.castlegymnastics.com

Cruces Gymnastics Academy (USAG)

PO Box 6694
601 Espanola St.
Las Cruces, NM 88001
575-527-9113 - Gym
575-527-9113 - Fax
crucesgymnastics1@qwestoffice.net
Cynthia Squire
www.crucesgymnasticsacademy.com

Dust Devils Gymnastics (USAG)

PO Box 191
Deming, NM 88031
575-546-0371 - Gym irma@triadicnet.com
Irma Chacon, Nina Ayon, & Phil Hobbs

Eagle Ridge Gymnastics (USAG)

581 Quantum Rd. NE
Rio Rancho, NM 87124
505-891-0632 - Gym
505-891-0634 - Fax
eagleridgegym@qwestoffice.net
Brandy and Darlene Wood
www.eagleridgegym.com

Elite Gymnastics Academy

1315 N. Virginia

Roswell, NM 88201

575-622-1511 - Gym

575 622-7552 - Fax

elitegymnasticsacademy@ymail.com

Tanya Walker/Obdulia Rivas

Enchanted Land Gymnastics

3830 N. Grimes Suite N

Hobbs, NM 88242

575-392-9991 - Gym

highvelq@yahoo.com

Bob Manna

G-Force Gymnastics Academy (USAG)

4487 Irving Blvd. NW

Albuquerque, NM 87114

505-898-7334 - Gym

505-898-5534 - Fax

gforcegymnastics@gmail.com

Lisa Gravelle

www.gforcegymnastics.net

Gold Cup Gymnastics (USAG)

6009 Carmel Ave. NE

Albuquerque, NM 87113

505-821-8417 - Gym

505-821-8507 - Fax

bigburch29@aol.com

Ed Burch

www.goldcupgymnastics.com

Gym Magic Gymnastics (USAG)

2341 Entrada del Sol
Las Cruces, NM 88001
575-523-1616 - Gym
575-523-6162 - Fax
office@gymmagic.com
Nancy Bates
www.gymmagic.com

Head Over Heels

Gymnastics, Dance, & Cheer (USAG)

5850 Eubank NE B69
Albuquerque, NM 87111
505-293-4496 - Gym
inquiry@headoverheelsgymnastics.net
Dana Martinez
www.headoverheelsgymnastics.net

High Altitude Athletics

124 Civic Plaza Drive
Taos, NM 87571
575-224-0403 - Gym
manager@haagymcheerdance.com
Molly Weber
www.haagymcheerdance.com

KATZ Gymnastics

800 Townsgate Plaze, Suite 452
Clovis, NM 88101 - Gym
1016 Colonial Parkway
Clovis, NM 88101 - Mailing
575-742-8GYM (8496) - Gym
katzgymnastics@gmail.com
Janell Cotton

Leap of Faith Gymnastics (USAG)

2109 Walker Ave.
Alamogordo, NM 88310
575-437-7340 - Gym
christinafontano@yahoo.com
Christina Fontano

Los Alamos High Flyers Gymnastics

1631 Central Ave.
Los Alamos, NM 87544 - Gym
PO Box 1473
Los Alamos, NM 87544 - Mailing
505-500-5699 - Gym
director@LAHighFlyers.com
David Vosburgh
www.LAHighFlyers.com

Los Alamos School of Gymnastics

555 N. Mesa Rd.
Los Alamos, NM 87544
505-662-9523 - Gym
lasg.janecky@gmail.com
Louise Janecky
www.losalamos.com/gymnastics

Precision Gymnastics Academy (USAG)

6700 Edith Blvd NE
Albuquerque, NM 87113
505-341-4002 - Gym
505-341-4002 - Fax
info@precisiongymnastics.net
Joe Gutierrez & Vicki Davis
www.precisiongymnastics.net

Rio Gymnastics Center (USAG)

6080 Zenith Ct.
Rio Rancho, NM 87144
P.O. box 15716
Rio Rancho, NM 87174
505-410-7281 - Gym
riogymnastics@yahoo.com
Michelle & Ron Gaudette
www.riogymnastics.com

Ruidoso Mountaintop Gymnastics

PO Box 1589
Ruidoso Downs, NM 88346
575-378-4468 - Gym
575-378-4468 - Fax
coachamy@hotmail.com
Amy Eggleston

SAGA (USAG)

2832 Girard NE
Albuquerque, NM 87107
505-884-6949 - Gym
505-884-4498 - Fax
info@sagagym.com
Dean & Erin Morales
www.SAGAgymnastics.com

Taos All-Star Gymnastics (USAG)

5627 NDCBU
1020 Reed Street
Taos, NM 87571
575-758-3200 - Gym
575-770-8552 - Gym
teresabertoncin@gmail.com
Teresa Bertoncin

The Little Gym of Albuquerque (USAG)

9500 Montgomery Blvd. NE Unit 3

Albuquerque, NM 87111

505-323-1270 - Gym

tlgalbuquerqueeastnm@thelittlegym.com

Erica Gibbons

www.tlgalbuquerqueeastnm.com

The Little Gym of Albuquerque (USAG)

8201 Golf Course Road B-1

Albuquerque, NM 87120

505-897-0496 - Gym

tlgalbuquerquenm@thelittlegym.com

Erica Gibbons

www.tlgalbuquerquenm.com

Tumbledown Gymnastics Studios

3214 Calle Marie, Suite A

Santa Fe, NM 87507

505-473-0926 - Gym

tumbledownstudios@gmail.com

Elisa Dry

www.tumbledownstudios.com

Zia Gymnastics Academy

1517 Pacheco St.

Santa Fe, NM 87505

505-982-3160 - Gym

505-982-3160 - Fax

tumble@ziagymnastics.com

Jutka Szabo

www.ziagymnastics.com

Zero Gravity (USAG)

3030 Harrelson

Las Cruces, NM 88005-7700

575-524-4960 - Gym

matcauthon55@gmail.com

Aaron Graves

www.zggymnastics.com