



2009-2010  
New Mexico  
State Directory

# State Administrative Committee

## State Chairman

[Esther Jones](#)

*from*

Albuquerque Gymnastics School  
10280 Comanche RD NE  
Albuquerque, NM 87111  
(505) 293-9570  
[nmstategymnastics@q.com](mailto:nmstategymnastics@q.com)

## Administrative Assistant

[Mary Lee Martin](#)

10305 Chapala Pl. NE  
Albuquerque NM 87111  
(505)298-2513  
[mlmartin77@gmail.com](mailto:mlmartin77@gmail.com)

[Joe Gutierrez](#)

Precision Gymnastics Academy  
6700 Edith Blvd NE  
Albuquerque, NM 87113  
505-341-4002

## Education Chairman

[Kay Burch](#)

*from*

Gold Cup Gymnastics  
6009 Carmel Ave NE  
Albuquerque, NM 87113  
(505) 821-8417

## State tabulator

[Amy Eggleston](#)

*from*

Ruidoso Mountaintop Gymnastics  
P.O. Box 1589  
Ruidoso Downs, NM 88346  
(575) 378-4468

## Judge Representatives

[Judit Szabo](#)

*from*

Zia Gymnastics Academy  
1517 Pacheco St.  
Santa Fe, NM 87505  
(505) 982-3160

## Awards/gifts chairman

[Kelly Shane](#)

Kagaroo29@hotmail.com

## Special events directors

[Michelle Gaudette](#)

Rio Gymnastics Center  
333 Academy Road  
Corrales, NM 87048  
505-897-4222  
riogymnastics@yahoo.com

[Kimela Bertholomy](#)

Kimela's Gymnastics  
201 Stover Rd  
Los Lunas NM 87031  
505-865-8444  
kimelasgymnastics@yahoo.com

## Communications director

[Erin Morales](#)

SAGA

2832 Girard NE

Albuquerque NM 87107

505-884-6949

[info@sagagym.com](mailto:info@sagagym.com)

## **Courtesy Guidelines for Entering Meets**

- Enter on or before the deadline.
- Pay for the number of gymnasts that you entered, not the number that competed.
- Give parents directions and competition information to prevent calling to gyms. Look on [www.nmusag.com](http://www.nmusag.com) for more info.
- Include all information on the entry form, including birthdays, ages, levels, and athletes numbers.
- See attachment for meet directors

### **Drop Back Declaration Date**

- February 1<sup>st</sup> for compulsory levels
- February 1<sup>st</sup> for optional levels

Gymnasts attempting to compete at a higher level for the first time may choose to drop back to their previous level after the drop back date and compete at that level for the State meet. However, they must qualify at the lower level and are only allowed to drop back one level.

## Coaches

- Only current professional members with current safety certification are allowed on the floor during competition.
- Only competing gymnasts are allowed on the floor during competition.
- Turn off cell phones or set to vibrate mode while in competition area.
- Background checks

All USAG members need to get a background check through “NCSI” before applying for a new membership. It is the coaches’ responsibility to do so! Please check our region 3 website and with USAG national office for all updates on this. Name, birthday and SS# will be needed and the fee will be \$20.00.

- **USAG** has a dress code policy we are going to follow in New Mexico. Please read the new dress code in the new Rules and policies.

## **Rules and Policies**

The new Rules and Policies for 2009/2010 can be obtained in hard copy by going to the National website at [www.usa-gymnastics.org](http://www.usa-gymnastics.org). You will need your current USAG number. Go to the women's program and click on rules and policies. You may only have one printed copy sent to you, but you can view it online or download copies if needed.

## **Meet Schedule**

See attachment for our NM 2009-2010 meet schedule.

If you have an invitational that you would like to share with the region, please send the information to Cori Rizzo via email at [cori@reg3.com](mailto:cori@reg3.com)

**Please send all information about your meet to  
Mona Belchak  
[webmaster@nmusag.com](mailto:webmaster@nmusag.com)**

**She will get all our meets on the website.**

## Sanctioned Meets

- **Age determination**

Age group determination is based upon the date of the culmination competition for that level. (See NM calendar for dates.) They must meet the minimum age before entering any competition.

- Levels 4-7 - State meet
- Level 8 – Regionals
- Level 9 - E/W
- Level 10 – Nationals

The gymnast must compete in USAG meets in the same age division for the entire season. It is the **coaches'** responsibility to indicate the athlete's birthday and correct age division as designated, or her scores are invalid for the meet. However, the scores achieved may be used for level mobility. If a gymnast competes out of her age group the gymnast's score will not count in her age group or towards the team awards. She will only receive a recognition award.

- **State meets**

## Qualifying

- Level 4-6, in order to qualify a AA score in a USAG sanctioned meet is required. In NM all levels (4-10) need to be judged by two judge panels in order to qualify to State meet because all meets in NM are State meet qualifiers. (If a gymnast has not qualified by the State meet entry due date and is still able to qualify, please add these athletes to the roster and label them as not qualified. As soon as they qualify send a check with the athletes name and label qualified)
- **Level 7-10 have to have competed AA in New Mexico in two meets in order to qualify to State.**
- Level 8 qualifies by percentage to Regionals.
- Level 9 and 10, qualifies to Regionals by a 34.0 AA.

## **Fees**

- Please check NM website for current State entry fees.
- **Late entries** can be refused if received less than 10 days ahead of the meet. If accepted by the state a \$10 late charge per athlete can be assessed for the State meet.

## **State Awards**

- The State board may determine the age divisions based upon the projected number of athletes.
- Deadline for State entries:
  1. **Level 4, 5, and 6** must be in hand by Saturday, February 6<sup>th</sup>.
  2. **Level 7-10** must be in hand by Saturday, February 27<sup>th</sup>.

## **Specialists**

For level 7-10 individual event specialist competition may be conducted. Individual event specialist competitors may compete amongst the AA competitors and would receive duplicate awards for event placements. The individual event specialist must receive separate awards. Once a gymnast declares specialist status, she remains a specialist and may not petition to Regionals as an AA gymnast. A specialist may only qualify to 9/10 regionals, not nationals. In the State of NM a specialist has to declare her event/events by March 15<sup>th</sup>. Declaration must be done in writing and be in the hands of the State Chairman by March 15<sup>th</sup>.

The **mobility score** to move from one level to the next is 8.5 in the event(s) she will be specializing in.

The **qualifying score** for a specialist to compete in State meet is 8.5 on each event she will be specializing in.

The **entry fee** is the same as an all around gymnast.

## Judges

- State Judging Director to assign judges.
- All meets in NM are qualifying meets for State meet and all levels (4-10) must be judged by a minimum of two qualifying judges per event.(page 26 R&P)
- All judges must have USAG Safety Certification to judge USAG sanctioned meets.
- If a meet director chooses to use a one judge panel the pre-meet information must specify if one judge panel will be used (page 26 R&P)
  
- When hosting a meet a judge's request has to be filed. All judges' requests need to go to Judith Szabo. It is \$3.00 per judge you request.

## **Junior Olympic Program Entry Requirements Level Mobility**

- A new gymnast must enter at the Jr. Olympic Level 1.
- Any athlete who has competed previously in the Jr. Olympic Program, but has been inactive for two or more years, must contact their State Chairman for proper entry regulations.
- Minimum Standards for mobility within the program:
  1. **Level 1-4 to 5:** Must achieve 75% proficiency on the sequence at each level, 100% flexibility, and pass 5 out of 6 conditioning exercises
  2. **Level 5 to 6:** 31.00 AA
  3. **Level 6 to 7:** 31.00 AA
  4. **Level 7 to 8:** 31.00 AA
  5. **Level 8 to 9:** 34.00 AA
  6. **Level 9 to 10:** 34.00 AA

*\*Note - Any athlete competing as a level 6 can compete and try out for the level 7 qualifier. After the qualifier the gymnast and coach will have to decide if the gymnast will finish the season as a 6 or 7.*

## Meet Sanctions

- Send Sanction requests to USAG office.
- Also the State of NM has a competition fee off \$50 for 72 athletes or less and \$100 for 73 and more, please send a check made out to NMUSAG and copy of sanction to:

Esther Jones  
Albuquerque Gymnastics School  
10280 Comanche RD NE  
Albuquerque NM 87111

All meet directors who host a competition in Region 3 must send a copy of the sanction report to the regional chair Cori Rizzo. The sanction report is the page the judges sign. Do not send the coaches sign in sheet or results. Sending it by regular mail is fine.

**In NM all meet results need to be mailed to our State tabulator Amy Eggleston.**

## **Region III USAG Women's Administrative Committee**

Regional Chairman: Cori Rizzo [crizzo@reg3.com](mailto:crizzo@reg3.com)

4225 Johns Light Drive

Austin, TX 78727

(h) 512-246-6755

Fax: 888-412-9681

(w) 512-723-5774

Regional Tech. Chairman: Carol Bunge

[ctbunge@comcast.net](mailto:ctbunge@comcast.net)

14933 Xenia St

Thornton, CO 80602

(h) 720-887-9520

Fax: 720-887-9521

Regional JO Program Chair: Cheryl Jarrett

[Clj6@aol.com](mailto:Clj6@aol.com)

1806 Chincoteague Way

Round Rock, TX 78681

(g) 512-251-9105

Fax: 512-255-0206

## NM Club List

### **Albuquerque Gymnastics School**

10280 Comanche NE  
Albuquerque, NM 87111  
505-293-9570 - Gym  
505-293-9570 - Fax  
[rjgazelle1@msn.com](mailto:rjgazelle1@msn.com)  
Esther Jones  
[www.abqags.com](http://www.abqags.com)

### **Artesia Gymnastics**

401 W. Texas  
Artesia, NM 88210  
575-748-3903 - Gym  
575-748-2980 - Fax  
[artesiagymnastics@yahoo.com](mailto:artesiagymnastics@yahoo.com)  
Brenda Wiles

### **Boardwalk Gymnastics**

1316 South Main Street # C  
Belen, NM 87002  
505-861-1226 - Gym  
[lorick5@aol.com](mailto:lorick5@aol.com)  
Lori Kapalko

## **Carlsbad Academy of Tumbling**

PO Box 5185

4100 National Parks Hwy Bldg E

Carlsbad, NM 88221

575-885-2289 gym

[cavecatz@lpateautel.et](mailto:cavecatz@lpateautel.et)

Rusty Glanton

## **Castle Gymnastics**

Castle Gymnastics

920 E Hwy 66 Ste B

Gallup, NM 87301

(505) 863-9989

[www.castlegymnastics.com](http://www.castlegymnastics.com)

[castlegymnastics@yahoo.com](mailto:castlegymnastics@yahoo.com)

Joanie Castle

## **Cruces Gymnastics Academy**

PO Box 6694

601 Espanola

Las Cruces, NM 88006

575-527-9113 - Gym

575-527-9113 - Fax

[Crucesgymnastics1@qwestoffice.net](mailto:Crucesgymnastics1@qwestoffice.net)

Cynthia Squire

## **Dust Devils Gymnastics**

PO Box 191

Deming, NM 88031

575-546-0371 - Gym

[irma@triadicnet.com](mailto:irma@triadicnet.com)

Irma Harvey & Phil Hobbs

## **Eagle Ridge Gymnastics**

581 Quantum NE

Rio Rancho, NM 87124

505-891-0632 - Gym

505-891-0634 - fax

[eagleridgegym@qwestoffice.net](mailto:eagleridgegym@qwestoffice.net)

Brandi and Darlene Wood

[www.eagleridgegym.com](http://www.eagleridgegym.com)

## **Elite Gymnastics Academy**

1315 N. Virginia

Roswell, NM 88201

575-622-1511 - Gym

575 622-7552 - Fax

[elitegymnasticsroswell@yahoo.com](mailto:elitegymnasticsroswell@yahoo.com)

Jennifer Page/Tanya Walker

## **Enchanted Land Gymnastics**

3830 N. Grimes Suite N

Hobbs, NM 88242

575-392-9991 - Gym

[highvelg@yahoo.com](mailto:highvelg@yahoo.com)

Bob Manna

## **Fundamentals Gymnastics**

4432 Anaheim Ave NE

Albuquerque, NM 87113

505-889-4656 - Gym

[info@fundamentalsgym.com](mailto:info@fundamentalsgym.com)

Ken Hoeg

[www.fundamentalsgym.com](http://www.fundamentalsgym.com)

## **G-Force Gymnastics Academy**

4487 Irving Blvd NW Suite 110

Albuquerque, NM 87114

505-898-7334 - Gym

505-898-5534 - Fax

[gforcegymnastics@gmail.com](mailto:gforcegymnastics@gmail.com)

Lisa Gravelle

[gforcegymnastics.net](http://gforcegymnastics.net)

### **Gold Cup Gymnastics**

6009 Carmel Ave. NE  
Albuquerque, NM 87113

505-821-8417 - Gym

505-821-8507 - Fax

[bigburch29@aol.com](mailto:bigburch29@aol.com)

Kay & Ed Burch

[www.goldcupgymnastics.com](http://www.goldcupgymnastics.com)

### **Gym Magic Gymnastics**

2341 Entrada del Sol  
Las Cruces, NM 88001

575-523-1616 - Gym

575-523-6162 - Fax

[gymmagic@zianet.com](mailto:gymmagic@zianet.com)

Nancy Bates

[www.gymmagic.com](http://www.gymmagic.com)

### **Kids Flip Factory Gymnastics and dance**

5850 Eubank NE B69  
Albuquerque NM 87111

505-237-7808

[kidsflipfactory@msn.com](mailto:kidsflipfactory@msn.com)

## **Kimela's Gymnastics**

201 Stover Rd.

Los Lunas, NM 87031

505-865-8444 - Gym

505-565-1455 - Fax

[kimelasgymnastics@yahoo.com](mailto:kimelasgymnastics@yahoo.com)

Kimela Bertholomey

## **Leap of Faith Gymnastics**

2109 Walker Ave

Alamogordo NM 88310

575-437-7340

[christinafontano@yahoo.com](mailto:christinafontano@yahoo.com)

## **Los Alamos Gymnastics**

555 N. Mesa Rd.

Los Alamos, NM 87544

575-662-9523 - Gym

575-662-7832 - Fax

[janecky@losalamos.com](mailto:janecky@losalamos.com)

Louise Janecky

[www.losalamos.com/gymnastics](http://www.losalamos.com/gymnastics)

## **Precision Gymnastics Academy**

6700 Edith Blvd NE

Albuquerque, NM 87113

505-341-4002 - Gym

505-341-4002 - Fax

[info@precisiongymnastics.net](mailto:info@precisiongymnastics.net)

Joe & Lisa Gutierrez, Vicki Davis

[www.precisiongymnastics.net](http://www.precisiongymnastics.net)

## **Rio Gymnastics Center LLC**

333 Academy Road

Corrales, NM 87048

505-897-4222 - Gym

[riogymnastics@yahoo.com](mailto:riogymnastics@yahoo.com)

Michelle & Ron Gaudette

[www.riogymnastics.com](http://www.riogymnastics.com)

## **Ruidoso Mountaintop Gymnastics**

PO Box 1589

Ruidoso Downs, NM 88346

575-378-4468 - Gym

575-378-4468 - Fax

[coachamy@hotmail.com](mailto:coachamy@hotmail.com)

Amy Eggleston

## **SAGA**

2832 Girard NE  
Albuquerque, NM 87107

505-884-6949 - Gym

505-884-4498 - Fax

[info@sagagym.com](mailto:info@sagagym.com)

Dean & Erin Morales

[www.sagagym.com](http://www.sagagym.com)

## **Taos All-Star Gymnastics**

5627 NDCBU

Taos, NM 87571

575-758-3200 - Gym

575-758-3200 - Fax

[donnarose100@yahoo.com](mailto:donnarose100@yahoo.com)

Teresa Bertoncin

## **The Little Gym of Albuquerque**

8201 Golf Course RD B-1

Albuquerque NM 87120

505-897-0496

9500 Montgomery NE

Albuquerque NM 87111

505-323-1270

[slsalas@thelittlegym.com](mailto:slsalas@thelittlegym.com)    [www.thelittlegym.com](http://www.thelittlegym.com)

## **Tumbledown Gymnastics Studios**

3214 Calle Marie Suite A

Santa Fe NM 87507

505-473-0926 - Gym

[tumbledownstudios@gmail.com](mailto:tumbledownstudios@gmail.com)

Elisa Dry

[www.tumbledownstudios.com](http://www.tumbledownstudios.com)

## **Zia Gymnastics Academy**

1517 Pacheco St.

Santa Fe, NM 87505

505-982-3160 - Gym

505-982-3160 - Fax

[SzanthoNM@aol.com](mailto:SzanthoNM@aol.com)

Jutka Szabo