



2008-2009
New Mexico
State Directory

State Administrative Committee

State Chairman

[Esther Jones](#)

from

Albuquerque Gymnastics School
10280 Comanche RD NE
Albuquerque, NM 87111
(505) 293-9570
nmstategymnastics@q.com

Administrative Assistant

[Mary Lee Martin](#)

10305 Chapala Pl. NE
Albuquerque NM 87111
(505)298-2513
Martin_ml@aps.edu

State event director

[Kay Burch](#)

from

Gold Cup Gymnastics
6009 Carmel Ave NE
Albuquerque, NM 87113
(505) 821-8417

State tabulator

[Amy Eggleston](#)

from

Ruidoso Mountaintop Gymnastics
P.O. Box 1589
Ruidoso Downs, NM 88346
(505) 378-4468

Judge Representatives

[Judit Szabo](#)

from

Zia Gymnastics Academy
1517 Pacheco St.
Santa Fe, NM 87505
(505) 982-3160

Awards/gifts chairman

[Kelly Shane](#)

From

Albuquerque Gymnastics School
10280 Comanche RD NE
Albuquerque, NM 87111
505-293-9570
Kagaroo29@hotmail.com

Coaches representative

[Joe Gutierrez](#)

From

Precision Gymnastics Academy
6700 Edith Blvd NE
Albuquerque, NM 87113
505-341-4002

Education chairman

[Martha Bannon](#)

7301 Dancing Eagle Ave NE
Albuquerque, NM 87113
575-770-5105 or 505-821-6037
mbannon@kitcarson.net

Courtesy Guidelines for Entering Meets

- Enter on or before the deadline.
- Pay for the number of gymnasts that you entered, not the number that competed.
- Give parents directions and competition information to prevent calling to gyms. Look on www.nmusag.com for more info.
- Include all information on the entry form, including birthdays, ages, levels, and athletes numbers.
- See attachment for meet directors

Drop Back Declaration Date

- February 1st for compulsory levels
- February 1st for optional levels

Gymnasts attempting to compete at a higher level for the first time may choose to drop back to their previous level after the drop back date and compete at that level for the State meet. However, they must qualify at the lower level and are only allowed to drop back one level.

Coaches

- Only current professional members with current safety certification are allowed on the floor during competition.
- Only competing gymnasts are allowed on the floor during competition.
- Turn off cell phones or set to vibrate mode while in competition area.
- Background checks

All USAG members need to get a background check through “NCSI” before applying for a new membership. It is the coaches’ responsibility to do so! Please check our region 3 website and with USAG national office for all updates on this. Name, birthday and SS# will be needed and the fee will be \$20.00.

- **USAG** has a dress code policy we are going to follow in New Mexico. Please read the new dress code in the new Rules and policies.

Rules and Policies

The new Rules and Policies for 2008/2009 can be obtained in hard copy by going to the National website at www.usa-gymnastics.org. You will need your current USAG number. Go to the women's program and click on rules and policies. You may only have one printed copy sent to you, but you can view it online or download copies if needed.

Meet Schedule

See attachment for our NM 2008-2009 meet schedule.

If you have an invitational that you would like to share with the region, please send the information to Cori Rizzo via email at crizzo@austin.rr.com

Please send all information about your meet to Mona Belchak

webmaster@nmusag.com

She will get all our meets on the website.

Sanctioned Meets

- **Age determination**

Age group determination is based upon the date of the culmination competition for that level. (See NM calendar for dates.) They must meet the minimum age before entering any competition.

- Levels 4-7 - State meet
- Level 8 – Regionals
- Level 9 - E/W
- Level 10 – Nationals

The gymnast must compete in USAG meets in the same age division for the entire season. It is the **coaches'** responsibility to indicate the athlete's birthday and correct age division as designated, or her scores are invalid for the meet. However, the scores achieved may be used for level mobility. If a gymnast competes out of her age group the gymnast's score will not count in her age group or towards the team awards. She will only receive a recognition award.

- **State meets**

Qualifying

- Level 4-6, in order to qualify a 30.00 AA score in a USAG sanctioned meet is required. In NM all levels (4-10) need to be judged by two judge panels in order to qualify to State meet because all meets in NM are State meet qualifiers. (If a gymnast has not qualified by the State meet entry due date and is still able to qualify, please add these athletes to the roster and label them as not qualified. As soon as they qualify send a check a with the athletes name as qualified)
- **Level 7-10 have to have competed AA in New Mexico in two meets in order to qualify to State.**
- Level 8 qualifies by percentage to Regionals.
- Level 9 and 10, qualifies to Regionals by a 34.0 AA.

Fees

- Please check NM website for current State entry fees.
- **Late entries** can be refused if received less than 10 days ahead of the meet. If accepted by the state a \$10 late charge per athlete can be assessed for the State meet.

State Awards

- The State board may determine the age divisions based upon the projected number of athletes.
- Deadline for State entries:
 1. **Level 4, 5, and 6** must be in hand by Monday, February 9th.
 2. **Level 7-10** must be in hand by Monday, February 23rd.

Specialists

For level 7-10 individual event specialist competition may be conducted. Individual event specialist competitors may compete amongst the AA competitors and would receive duplicate awards for event placements. The individual event specialist must receive separate awards. Once a gymnast declares specialist status, she remains a specialist and may not petition to Regionals as an AA gymnast. A specialist may only qualify to 9/10 regionals, not nationals. In the State of NM a specialist has to declare her event/events by March 15th. Declaration must be done in writing and be in the hands of the State Chairman by March 15th.

The **mobility score** to move from one level to the next is 8.5 in the event(s) she will be specializing in.

The **qualifying score** for a specialist to compete in State meet is 8.5 on each event she will be specializing in.

The **entry fee** is the same as an all around gymnast.

Judges

- State Judging Director to assign judges.
- All meets in NM are qualifying meets for State meet and all levels (4-10) must be judged by a minimum of two qualifying judges per event.(page 26 R&P)
- All judges must have USAG Safety Certification to judge USAG sanctioned meets.
- If a meet director chooses to use a one judge panel the pre-meet information must specify if one judge panel will be used (page 26 R&P)

- When hosting a meet a judge's request has to be filed. All judges' requests need to go to Judith Szabo. It is \$3.00 per judge you request.

Junior Olympic Program Entry Requirements Level Mobility

- A new gymnast must enter at the Jr. Olympic Level 1.
- Any athlete who has competed previously in the Jr. Olympic Program, but has been inactive for two or more years, must contact their State Chairman for proper entry regulations.
- Minimum Standards for mobility within the program:
 1. **Level 1-4 to 5:** Must achieve 75% proficiency on the sequence at each level, 100% flexibility, and pass 5 out of 6 conditioning exercises
 2. **Level 5 to 6:** 31.00 AA
 3. **Level 6 to 7:** 31.00 AA
 4. **Level 7 to 8:** 31.00 AA
 5. **Level 8 to 9:** 34.00 AA
 6. **Level 9 to 10:** 34.00 AA

**Note - Any athlete competing as a level 6 can compete and try out for the level 7 qualifier. After the qualifier the gymnast and coach will have to decide if the gymnast will finish the season as a 6 or 7.*

Meet Sanctions

- Send Sanction requests to USAG office.
- Also the State of NM has a competition fee off \$50 for 72 athletes or less and \$100 for 73 and more, please send a check made out to NMUSAG and copy of sanction to:

Esther Jones
Albuquerque Gymnastics School
10280 Comanche RD NE
Albuquerque NM 87111

All meet directors who host a competition in Region 3 must send a copy of the sanction report to the regional chair Cori Rizzo. The sanction report is the page the judges sign. Do not send the coaches sign in sheet or results. Sending it by regular mail is fine.

In NM all meet results need to be mailed to our State tabulator Amy Eggleston.

Region III USAG Women's Administrative Committee

Regional Chairman: Cori Rizzo crizzo@reg3.com

4225 Johns Light Drive

Austin, TX 78727

(h) 512-246-6755

Fax: 888-412-9681

(w) 512-723-5774

Regional Tech. Chairman: Carol Bunge

ctbunge@comcas.net

14933 Xenia St

Thorton, CO 80602

(h) 720-887-9520

Fax: 720-887-9521

Regional Elite Program Chair: Chris Burdett

freeburd@mac.com

200 Fitness CT.

Coppell, TX 75019

(g) 972-471-2345 ext 123

Fax: 972-471-2344

Regional JO Program Chair: Cheryl Jarrett

Clj6@aol.com

1806 Chincoteague Way

Round Rock, TX 78681

(g) 512-251-9105

Fax: 512-255-0206

NM Club List

Albuquerque Gymnastics School

10280 Comanche NE
Albuquerque, NM 87111
505-293-9570 - Gym
505-293-9570 - Fax
rjgazelle1@msn.com
Esther Jones
www.abqags.com

Artesia Gymnastics

401 W. Texas
Artesia, NM 88210
505-748-3903 - Gym
505-748-2980 - Fax
artesiagymnastics@yahoo.com
Brenda Wiles

Boardwalk Gymnastics

1316 South Main Street # C
Belen, NM 87002
505-861-1226 - Gym
lorick5@aol.com
Lori Kapalko

Carlsbad Academy of Tumbling

PO Box 5185

4100 National Parks Hwy Bldg E

Carlsbad, NM 88221

575-885-2289 gym

cavecatz@lpateautel.et

Rusty Glanton

Castle Gymnastics

2407 Boyd Ave Bldg 9

Gallup NM 87301

505-863-9989 gym

castlegymnastics@yahoo.com

Joanie Castle

Cruces Gymnastics Academy

PO Box 6694

601 Espanola

Las Cruces, NM 88006

505-527-9113 - Gym

505-527-9113 - Fax

Crucesgymnastics1@qwestoffice.net

Cynthia Squire

Dust Devils Gymnastics

PO Box 191

Deming, NM 88031

505-546-0371 - Gym

irma@triadicnet.com

Irma Harvey & Phil Hobbs

Elite Gymnastics Academy

1315 N. Virginia

Roswell, NM 88201

505-622-1511 - Gym

505 622-7552 - Fax

elitegymnasticsroswell@yahoo.com

Jennifer Page/Tanya Walker

Enchanted Land Gymnastics

3830 N. Grimes Suite N

Hobbs, NM 88242

505-392-9991 - Gym

highvelg@yahoo.com

Bob Manna

Fundamentals Gymnastics

4432 Anaheim Ave NE

Albuquerque, NM 87113

505-889-4656 - Gym

info@fundamentalsgym.com

Ken Hoeg

www.fundamentalsgym.com

G-Force Gymnastics Academy

4487 Irving Blvd NW Suite 110

Albuquerque, NM 87114

505-898-7334 - Gym

505-898-5534 - Fax

gforcegymnastics@gmail.com

Lisa Gravelle

Gold Cup Gymnastics

6009 Carmel Ave. NE

Albuquerque, NM 87113

505-821-8417 - Gym

505-821-8507 - Fax

bigburch29@aol.com

Kay & Ed Burch

www.goldcupgymnastics.com

Gym Magic Gymnastics

2341 Entrada del Sol

Las Cruces, NM 88001

505-523-1616 - Gym

505-523-6162 - Fax

gymmagic@zianet.com

Nancy Bates

www.gymmagic.com

Kids Flip Factory Gymnastics and dance

5850 Eubank NE B69

Albuquerque NM 87111

505-237-7808

kidsflipfactory@msn.com

Kimela's Gymnastics

201 Stover Rd.

Los Lunas, NM 87031

505-865-8444 - Gym

505-565-1455 - Fax

kimelasgymnastics@yahoo.com

Kimela Bertholomey

Leap of Faith Gymnastics

2109 Walker Ave

Alamogordo NM 88310

505-437-7340

christinafontano@yahoo.com

Los Alamos Gymnastics

555 N. Mesa Rd.

Los Alamos, NM 87544

505-662-9523 - Gym

505-662-7832 - Fax

janecky@losalamos.com

Louise Janecky

www.losalamos.com/gymnastics

Precision Gymnastics Academy

6700 Edith Blvd NE

Albuquerque, NM 87113

505-341-4002 - Gym

505-341-4002 - Fax

info@precisiongymnastics.net

Joe & Lisa Gutierrez, Vicki Davis

www.precisiongymnastics.net

Rio Gymnastics Center LLC

333 Academy Road
Corrales, NM 87048
505-897-4222 - Gym
riogymnastics@yahoo.com

Michelle & Ron Gaudette
www.riogymnastics.com

Ruidoso Mountaintop Gymnastics

PO Box 1589
Ruidoso Downs, NM 88346
505-378-4468 - Gym
505-378-4468 - Fax
coachamy@hotmail.com

Amy Eggleston

SAGA

2832 Girard NE
Albuquerque, NM 87107
505-884-6949 - Gym
505-884-4498 - Fax
info@sagagym.com

Dean & Erin Morales
www.sagagym.com

Taos All-Star Gymnastics

5627 NDCBU

Taos, NM 87571

505-758-3200 - Gym

505-758-3200 - Fax

donnarose100@yahoo.com

Teresa Bertoncin

The Little Gym of Albuquerque

8201 Golf Course RD B-1

Albuquerque NM 87120

505-897-0496

9500 Montgomery NE

Albuquerque NM 87111

505-323-1270

slsalas@thelittlegym.com

www.thelittlegym.com

Tumbledown Gymnastics Studios

3214 Calle Marie Suite A

Santa Fe NM 87507

505-473-0926 - Gym

tumbledownstudios@gmail.com

Elisa Dry

www.tumbledownstudios.com

Zia Gymnastics Academy

1517 Pacheco St.

Santa Fe, NM 87505

505-982-3160 - Gym

505-982-3160 - Fax

SzanthoNM@aol.com

Jutka Szabo