



USA
GYMNASTICS

In cooperation with Region 3 presents the

2011 Region 3 Congress

GENERAL INFORMATION

DATE/SITE:

Region 3

June 11-12, 2011

Vail, CO

Vail Cascade Resort

PURPOSE OF REGIONAL CONGRESSES:

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

REGION 3 EDUCATION:

Over 45 Sessions covering the following areas:

Coaches Education – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

Recreational Education – A recreational track covering programs for tots through teens; be the best instructor in your gym!

Business Education – Sessions covering marketing, managing your business, staff retention and more.

Judges Education – Sessions covering compulsory, optional and elite judging criteria, technique and more.

Other – Men's, Rhythmic, Sports Science and more.

Registration will begin no later than January 17, 2011. Online Registration will be available for members and printable forms will be available for all others at

<http://www.usa-gymnastics.org/membership/congress/regional.php>

<u>COST</u>	Early Bird (Ends March 11th)	Regular Price (Ends May 27th)	On-site Registration
Professional, Jr. Pro & Instructor Members	\$125.00	\$155.00	\$180.00
Other Member Types and Non – Members	\$155.00	\$185.00	\$210.00
Member Clubs*	1st - \$125.00 2nd - \$115.00 3rd - \$105.00 4th - \$95.00 5th - \$85.00 6th or more - \$80.00	1st - \$155.00 2nd - \$145.00 3rd - \$135.00 4th - \$125.00 5th - \$115.00 6th or more - \$105.00	N/A
One Day Price	Saturday - \$75.00 Sunday - \$50.00	Saturday - \$100.00 Sunday - \$75.00	Saturday - \$125.00 Sunday - \$100.00

*This offer is only available to Pro, Jr. Pro & Instructor Members affiliated with a Member Club.

HOUSING

A block of rooms has been reserved. Call by May 26, 2011

National Travel Systems Sports Travel Team

6502 Slide Rd/Suite 404

Lubbock, TX 79424

Toll Free: 1-888-603-8747; Main Line: 806-794-3135

Email: sportsinfo@nationaltravelsystems.com website: www.ntssportstravel.com

Single/Double Rate of \$129.00 + tax

Any reservations after the cut-off date will be based strictly on availability.

Vail Cascade Resort

1300 West Haven Dr.

Vail, CO 81657

Please check the USA Gymnastics website – www.usa-gymnastics.org for detailed daily schedule/speakers – coming soon.

Minimum age for Congress attendees is 16.

There is a \$30.00 cancellation fee up until May 27th; no refunds after May 27th. Request must be received in writing to callen@usagym.org

Substitution of participants will be allowed until May 27th if submitted in writing to callen@usagym.org