



Library

Contact Esther Jones @ 239-8680 to borrow these and have them mailed to you.
There is a \$50 replacement fee if they are not returned.

	<p>Mary Lee Tracy Circuit Training for Muscle Endurance</p>	<p>Format: DVD</p>
	<p>Mary Lee Tracy Core Strength</p>	<p>Format: DVD</p>
	<p>Tammy Biggs Developing Body Shapes for Gymnastics</p>	<p>Format: DVD</p>
	<p>Tammy Biggs Balance Beam Complexes</p>	<p>Format: DVD</p>
	<p>Tammy Biggs Flipping Drills</p>	<p>Format: DVD</p>

	<p>Debbie Rodriguez Balance Beam It's About Stability</p>	<p>Format: DVD</p>
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	<p>Tom Foster Laws of Motion</p>	<p>Format: DVD</p>
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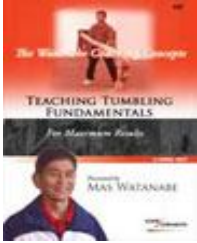
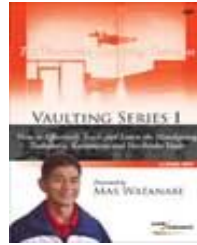
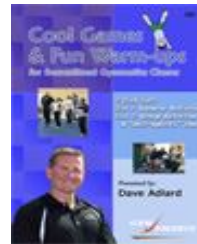


	<p>Tony Retrosi Five Bar Skills Every Gymnast Needs</p>	<p>Format: DVD</p>
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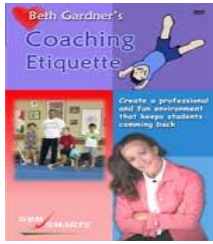
	<p>Tim Rand Uneven Bar Skills for Developing Gymnasts</p>	<p>Format: DVD</p>
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	<p>Tim Rand Spotting Back Handsprings</p>	<p>Format: DVD</p>
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	<p>Tim Rand Spotting Uneven Bars</p>	<p>Format: DVD</p>
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	<p>Tim Rand Vaulting Skills for Developing Gymnasts</p>	<p>Format: DVD</p>
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	<p>Mas Watanabe Coaching Gymnastics</p>	<p>Format: DVD</p>
	<p>Mas Watanabe Teaching Tumbling Fundamentals</p>	<p>Format: DVD</p>
	<p>Mas Watanabe Vaulting Series 1</p>	<p>Format: DVD</p>
	<p>Dave Adlard Cool Games and Fun Warmups</p>	<p>Format: DVD</p>
	<p>Impact Safe Landings</p>	<p>Format: DVD</p>
	<p>Beth Gardner Preschool and Recreational Gym 1</p>	<p>Format: DVD</p>



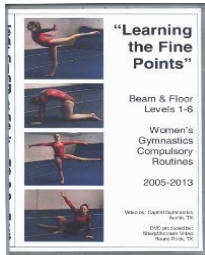
Beth Gardner
Coaching Etiquette

Format: DVD



Beth Gardner
Skill-Specific Lesson Planning

Format: DVD



Cheryl Jarrett
Learning The Fine Points

Format: DVD